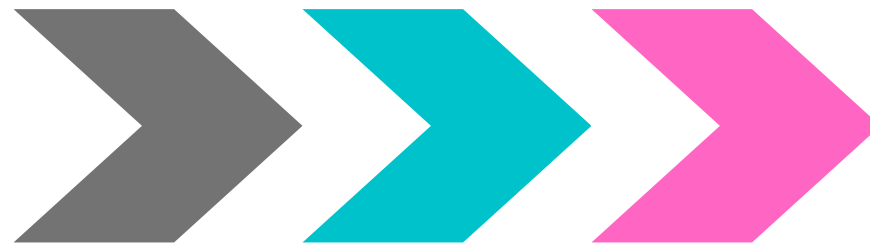


# SPRING BREAK CAMP AT HOME

-CREATIVE & FUN RESOURCES FOR PARENTS-

FOR KIDS AGES 2-10



BY KRISTINA BUSKIRK

# **SPRING BREAK** **SCHEDULE**

**MONDAY - STUFFED ANIMAL DAY**

**TUESDAY- GOING CAMPING DAY**

**WEDNESDAY- FAMILY OLYMPICS DAY**

**THURSDAY- OFF TO HAWAII DAY**

**FRIDAY- EASTER HOLIDAY**

**BONUS- LEGO DAY**



Spring break at home can be so fun! We decided to pick a theme for each day of our break! We had a family meeting and my kids looked at a variety of options and selected the themes they wanted to pick!

You can either try our themes or counsel with your family and pick your own! I have provided our checklist of activities and plans for you if you need them!

Sometimes it's nice to have a spring board to start from!

**We will not be doing every activity on our plans! We may come up with other ones during the week as well!**

# SPRING BREAK PLAN

## STUFFED ANIMAL DAY

- Build pet houses
- Stuffed animal charades
- Stuffed animal hunt
- Pet hospital
- Stuffed animal picnic

## GOING CAMPING

- Nature hunt
- Glow in the dark hunt
- Indoor s'mores
- Painting with sticks
- Rock painting

## KID OLYMPICS

- Olympic torch craft
- Straw javelin throw
- Pool noodle hurdles
- Balloon tennis
- Target practice

## OFF TO HAWAII

- Kinetic sand beach
- Ocean foam
- Ocean field trip
- Water games
- Beach snack

## EASTER HOLIDAY

- Egg towers
- Easter spin art
- Easter tape resist
- Easter egg hunt
- Shaving cream eggs

## LEGO DAY

- Lego sensory bin
- Lego car races
- Lego block/city
- Lego knockdown
- LEGO & playdough

# SCHEDULE

Time	Mon	Tue	Wed	Thu	Fri
THEME	Stuffed Animal Day	Going Camping	Family Olympics	Under the Sea	Easter
Before 10am	Play/ Get Ready	Play/ Get Ready	Play/ Get Ready	Play/ Get Ready	Play/ Get Ready
	TV time w/ stuffies	Set up tent	Make torches/ Torch run	Kinetic sand beach play	Egg towers
	Build pet houses	Nature Hunt/ Hike	Javelin Throw/ Hurdles	Ocean foam play	Easter Spin Art
	Stuffed Animal Charades	Play games in a tent	Balloon tennis	Aquarium "field trip"	Egg tape resist art
12:00pm-1:00pm	Lunch/ Outside Play	Lunch/Read in the tent	Lunch/ Outside Play	Lunch "at the beach"	Lunch/ Outside Play
	Read w/ stuffed animals	Pet rocks	Read	Water games	Easter Egg Hunt
	Stuffed animal hunt	Paint with Sticks	Target Practice	Ocean themed movie	Shaving cream eggs
2:30-5:30pm	Play	Dinner/ S'mores	Play/ Screen Time	Free Play	Play/ Screen Time
5:30-8:00pm	Dinner/ Games/Bed	Glow in the dark egg hunt	Dinner/ Games/Bed	Dinner/ Walk/Bed	Dinner/Movie and Bed

# SCHEDULE

Time	Mon	Tue	Wed	Thu	Fri

# STUFFED ANIMAL DAY

## MATERIALS

- stuffed animals
- cardboard boxes
- painters tape
- markers
- pillowcase
- picnic blanket
- white cardstock
- markers

## BUILD PET HOUSES

Use cardboard boxes, markers, tape, and other materials to create a home for your favorite stuffed animal.

## STUFFED ANIMAL CHARADES

Pick a few of your favorite stuffed animals. Put them all inside a pillowcase. Have everyone close their eyes while one child pulls a stuffed animal out of the pillowcase. Have that child hide the stuffed animal behind a couch/door while they pretend to act like the animal. Let everyone guess! Repeat with another child.

## STUFFED ANIMAL HUNT

Hide stuffed animals around the house. Draw a simple picture of each animal on a piece of paper. Have kids roam around the house with their paper and check off or "X" the animals once they find them.

For young toddlers, hide the animals in a visible spot.

## PET HOSPITAL

Take stuffed animals and set up a Pet hospital. Use boxes and blankets and other toys to create beds for them. Grab any doctor's supplies to help you as you take care of the animals. Have a doctor's costume? Get dressed up to play doctor!

## STUFFED ANIMAL PICNIC

Take all your favorite stuffed animals along with a picnic blanket and your lunchbox and head outside (or to the family room) for a stuffed animal picnic lunch.

# GOING CAMPING

## MATERIALS

- white cardstock
- nature hunt card
- plastic eggs
- glow stick bracelets
- marshmallows
- chocolate
- graham crackers
- sticks
- washable paint
- paper
- rocks
- Sharpies
- glue gun (optional)
- embellishments

## NATURE HUNT

Print off the nature hunt (below). 1/2 page per kid, or draw your own. Go outside on a hike or walk and look for the items on the paper. Cross them off or check them off as you find each one.

## GLOW IN THE DARK HUNT

Fill plastic Easter eggs with glow sticks (or buy glow in the dark eggs). Hide them around your house or in your backyard. Send kids out to find the eggs! Once they're all found, divide up the glow sticks evenly and let kids play with them... or hunt again!

## INDOOR S'MORES

Preheat oven to 400 degrees F. Place graham crackers on a cookie sheet. Place chocolate on top and then place marshmallow on top of the chocolate. Bake until marshmallows are puffed and brown (3-5 minutes). Remove from oven. Press a graham cracker on top. Eat!

## PAINTING WITH STICKS

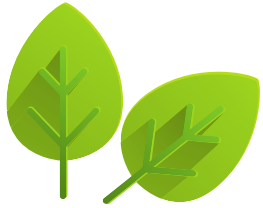
Place washable paint in a cup or on a plate. Go outside and hunt for a stick. Bring it back and paint the stick with washable paint. Next, roll or press the stick onto cardstock or paper to make stick prints. Use sticks of different sizes as paintbrushes too.

## ROCK PETS

Hunt for rocks outside. Bring a good sized rock inside. Use glue or hot glue to decorate the rock with googly eyes, yarn, feathers, sequins, jewels, fabric, (any embellishments you have on hand). Make sure to give your pet rock eyes and a mouth and a name! Let dry and then play with it!



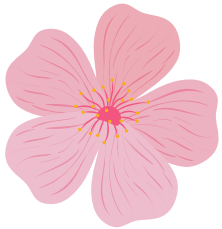
# NATURE HUNT



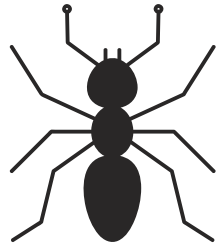
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**squirrel**



**flower**



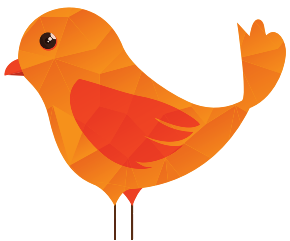
**ant**



**bee**



**tree**

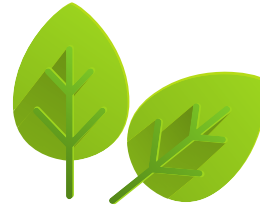


**bird**



**grass**

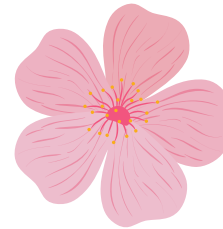
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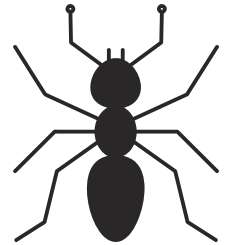
**leaves**



**squirrel**



**flower**



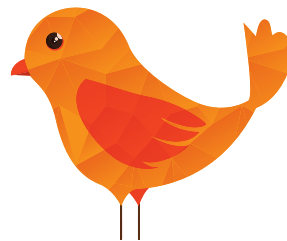
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**bee**



**tree**



**bird**



**grass**

# KID OLYMPICS

## MATERIALS

- toilet paper roll
- foil
- red/orange tissue paper (or paper)
- straws
- 3 bowls
- craft sticks
- white cardstock
- markers
- 6-8 plastic cups
- soft ball
- balloons
- paper plates
- pool noodles
- tape
- yarn
- box

## OLYMPIC TORCH CRAFT & RUN

Use a toilet paper roll and cover it with foil. Stuff red and orange tissue paper into the top to create an Olympic torch. Design a running course around your backyard or house that the torch can be run. Take turns running with the torch and passing it off to the next runner to kick off the Olympics games. See [HERE](#).

## STRAW JAVELIN THROW

Lay out 3 bowls and label them 10 points, 20 points, and 30 points. Give child a straw and have them stand a few feet away from the bowls. Have child launch the straw "javelin" and see if they can get one in a bowl. Repeat. Move closer if needed. Switch to let the next child have a turn. Repeat! (Optional) Points are given depending on which bowls you land in. See [HERE](#).

## POOL NOODLE HURDLES

Use pool noodles to set up hurdles in your backyard. Stick a pencil or skewer into the ground for each end of the hurdle and then stick the pool noodle on top of it to secure it in place. Jump over the hurdles or crawl under them. See how many you can go through without touching them! Repeat! See [HERE](#).

## BALLOON TENNIS

Stick a craft stick onto a paper plate using tape. This will create a handle for your tennis racquet. Make one racquet per child. Blow up several balloons. Hit the balloons back and forth with the racquets to play tennis! See [HERE](#).

## TARGET PRACTICE

Use a box and some cups to make some targets. You can tie the cups so that they hang down inside the box. See [HERE](#) for tutorial.

Use a small soft ball or nerf darts to try and hit the target.

# OFF TO HAWAII

## MATERIALS

- kinetic sand
- plastic container/tub
- beach toys
- bubble bath or dish soap
- electric egg beater
- food coloring
- pudding/jello
- graham crackers
- swedish fish candy
- water toys

## KINETIC SAND BEACH PLAY

Put some kinetic sand in a large container and add in some beach toys and some Little People or Paw Patrol or any other friends who want to go to the beach! Have fun playing!

No kinetic sand? Try making your own with this [RECIPE](#).

## OCEAN FOAM

Mix 4 parts water to 2 part bubble bath in a large plastic container. Add some liquid water colors or food coloring (blue or green) for an ocean foam color. Whip with a hand mixer on med-high for 1-2 minutes.

Add scoops or ocean animal toys and play!

## OCEAN VIRTUAL FIELD TRIP

Turn on your computer and visit some of our favorite Aquariums for a Virtual Field Trip. Click on the names of the aquariums below.

- [Monterey Bay Aquarium](#)
- [Georgia Aquarium](#)
- [Seattle Aquarium](#)

## WATER GAMES

Fill up a plastic sensory bin or baby pool with water. Put on your swim suits! If it is too cold outside, jump in the bathtub. Add in some favorite pool toys and play!

Toss large coins into the "pool" and find them. Use foam letters to swim and spell or call out letters.

## BEACH SNACK

Mix up some jello or pudding. Or use another treat you have around the house (like Ice cream or yogurt). Put it in a cup. Add some graham crackers crumbs on top as sand. Add some swedish fish or a little tiny umbrella. Eat your treat!

# EASTER HOLIDAY

## MATERIALS

- plastic eggs
- white cardstock
- washable paint
- scissors
- salad spinner
- painters tape
- shaving cream
- food coloring
- toothpick
- baking pan
- gloves

## EGG TOWERS

Take several halves of plastic eggs and try and see how high you can stack them. Continue until your your stack "cracks"/falls over. Repeat!

## EASTER SPIN ART

Cut cardstock into a bunny shape or egg shape. Place paper inside a salad spinner. Squeeze watered down washable paint onto the paper. Close the lid of the salad spinner. Spin! Add more color if needed. Spin again. Remove and let dry. Repeat with a new shape.

## EGG TAPE RESIST ART

Cut cardstock into large oval egg shapes. Use painters tape or masking tape to create designs on the egg shapes. Use washable paint to paint the eggs. Let dry. Peel off the tape carefully to see the designs that you created.

## EASTER EGG HUNT

Fill plastic eggs with candy, stickers, snacks, small toys, etc. Hide the eggs around your house or in your backyard. Give each child a basket or bag to use as they hunt for their eggs.

Open the eggs and enjoy!

## SHAVING CREAM EGGS

Fill a baking sheet with shaving cream. Make it smooth with a spatula. Drip food coloring onto the shaving cream to make designs. Swirl the dye with a toothpick. Roll the hard-boiled egg in the dye and cover it completely. Wear gloves to keep dye off hands. Place on paper towel and let dry for 20 minutes. Wipe off shaving cream. Admire!

# BONUS: LEGO DAY

## MATERIALS

- LEGO bricks or other blocks/bricks
- sensory bin
- dried black beans
- large piece of cardboard
- markers
- playdough
- water gun
- small soft ball
- tongs

## LEGO SENSORY BIN

Place dried beans in a large sensory bin. Add in LEGO bricks and scoops or tongs. Scoop and play with the beans and the bricks. Use the bricks you find to make a LEGO creation.

## LEGO CAR RACES

Use LEGO bricks and bases with wheels to create LEGO cars. Use a piece of cardboard to create a ramp. Race the cars down the ramp.

## LEGO/BLOCK CITY

Use a large piece of cardboard and draw roads and/or train tracks on it. Build cities on the cardboard with LEGO bricks and blocks. Play!

## LEGO KNOCK DOWN

Make a tall tower out of LEGO bricks. Place all towers on a table and use a water gun to try and squirt the towers and knock them over. Once everything is knocked over, rebuild and try again!

## LEGO & PLAYDOUGH

Take playdough and LEGO minifigures and bricks and play and create! See if you can create patterns and designs in the playdough with the LEGO.